

Coaches Information for Cross Country, 2012

M.S.T.C.A. Cross Country Meets

All event information can be downloaded from M.S.T.C.A..org

- Sat. 9-29 Frank Kelley Invitational, Wrentham, MA**
Entry due: 9-24
- Sat. 10-13 Bob McIntyre Twilight Meet, Falmouth, MA**
Entry due: 10-09
- Sat. 10-20 Bay State Invitational, Northfield, MA**
Entry due: 10-15
- Sat. 11-03 **M.S.T.C.A. Cross Country Invite, Wrentham, MA**
Entry due: 10-29
**** this date is an SAT date. Please do not enter athletes taking SAT's**
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DIRECT ATHLETICS:

You MUST enter on-line using www.DirectAthletics.com. If you do not have a Direct Athletics account you will need to create one before you can enter your athletes. There is no charge for this account. However, for DA to set up an account for you may take several days. So do not wait until the last minute.

M.S.T.C.A. Waivers will save you time for this season.

The M.S.T.C.A. has two single season waiver programs that will save you time and headaches. The first is the TEAM WAIVER, while the second is PAYMENT WAIVER.

The M.S.T.C.A. requires that you file a team waiver that stipulates that all your athletes entered are members in good standing at your school. If you are going to enter more than one M.S.T.C.A. meet then this is the way to do. This is included below.

The M.S.T.C.A. payment waiver lets you pay on an estimate on how many events you will enter and the number of athletes entered. If you have a large team and would exceed the Max payment on those meets then this will save you time and headaches. It saves you having to track down you AD for payments several times in the season. This is included below.

M.S.T.C.A. SINGLE WAIVER FORM FOR CROSS COUNTRY 2012

Completed by your Principal or Athletic Director:

I attest that all the athletes that will be participating from our school in the M.S.T.C.A. cross country meets are student athletes, in good standing in our high school, and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participation in this sport and waives, releases and holds harmless the M.S.T.C.A. organization, its officers, sponsors and representatives, as well as the host community for the event, from any injury that may be incurred by an athlete in the normal course of participation in these M.S.T.C.A. events.

School's Name _____

Boy's team____ Girl's team___ Both_____

Principal/ Athletic Director's signature_____

School's phone number_____

Coach _____

Cell Phone _____-_____-_____

Date_____

Please attach your cross country teams roster and mail immediately to

**Jim Hoar
31 Champion Road
Yarmouthport, MA 02675**

THIS FORM MUST BE RECEIVED NO LATER THAN SEPTEMBER 15TH, 2012

M.S.T.C.A. Single PAYMENT Form for Cross Country 2012

If you chose to use the **SINGLE PAYMENT SYSTEM**, you need to have completed the process **before September 15th**.

What you need to do is look over the **Cross Country** schedule and its entry fees. Determine an estimate of your school's participation and then compute your entry fee costs. Listed below are the names of the meets along with the entry fee information. If you choose the **Single Payment** option, Your school would then send us a check with the enclosed form filled out for the meets your school will attend.

If at the end of the season, you owe us additional money, we will then send you a bill/invoice for the difference for such payment. However, if the opposite happens, and you do not use the full amount, we will credit your school that amount toward the winter meets. This will make the processing of billing and receiving checks much easier for both of us.

Remember, we need the Single Payment Form and its PO/check sent to me BEFORE SEPTEMBER 15TH.

If you have any questions concerning this, please contact me at 508.336.8291 or 508.728.9921.

CHECKS NEED TO MADE OUT TO M.S.T.C.A., and sent to Elaine Mooney, 60 Cynthia Road, Seekonk, MA 02771

- Entry fee \$15 *per individual*
- \$50 *minimum* per school.....\$120 *maximum per single sex*
- \$220 *maximum* per school *if both girls and boys attend*

Saturday, September 29 th , Frank Kelley Invite, Wrentham	\$ _____
Saturday, October 13 th , McIntyre Twilight, Falmouth	\$ _____
Saturday, October 20 th , Bay State Invite, Northfield Mt.	\$ _____
Saturday, November 3 rd , Coaches Invite, Wrentham	\$ _____

PLEASE NOTE: YOU STILL HAVE TO REGISTER YOUR TEAM ON DIRECT ATHLETICS.

YOU NEED TO ENTER ON DIRECT ATHLETICS FOR EVERY MEET

You should become an M.S.T.C.A. member since it will give you more protection when coaching T&F and CC; will help you keep up on meet outcomes, the MIAA information; and will give you added insurance for the season.

M.S.T.C.A. Membership Form for 2012/13 **join and mail to the address listed below.**

What is the M.S.T.C.A.?

The M.S.T.C.A. is an organization of Massachusetts Cross Country and Track & Field coaches which supports these sports at the high school level in Massachusetts.

What does the M.S.T.C.A. do?

The M.S.T.C.A. sponsors, organizes and conducts fifteen Cross Country and Track & Field meets during the course of each academic year, runs an annual clinic in March, and the Hall of Fame induction each May, and provides coaches with an opportunity to make suggestions to and influence decisions made by other bodies (for example, the MIAA).

What are the benefits of M.S.T.C.A. Membership?

As a member of the M.S.T.C.A., you are:

- Automatically enrolled in the National Federation, which entitles you to coverage under the Federations \$1,000,000 liability insurance policy, a subscription to National Federation Coaches Quarterly and all other Federation membership benefits. **National Federation Rule Book available at general meetings and clinic.**

- Added to the M.S.T.C.A. mailing list, and thus will receive all M.S.T.C.A. correspondence - **4 Newsletters per year which will be sent electronically to your email address.**
- Membership in the US Track & Field Cross Country Assoc. - you will receive **Technique** their quarterly magazine.
- **Entitled to reduced rates at the annual M.S.T.C.A. Clinic**
- Entitled to participate in M.S.T.C.A. general meetings and have your opinion heard on the issues affecting high school track and cross country in Massachusetts.
- Helping to support M.S.T.C.A. in its efforts to improve high school track and cross country.

For more information go to the M.S.T.C.A. web site: www.M.S.T.C.A..org

******* New for the 2012-13 Membership year. *******

Multiple school memberships discount – when membership forms are received at the same time
2-3 memberships \$ 25 per., 4-6 memberships \$ 20 per.

******The full list of privileges of membership can be found on the M.S.T.C.A. web site.******

----- Tear along dotted line -----

**M.S.T.C.A. Membership Form 12-13 (Academic year) ** \$30.00
(Hall of Fame members - NO FEE - please update info)**

Name: _____

School: _____

Mailing Address: _____
(School/Home
Please Circle one) _____

City, State, Zip Code _____

Phone Number _____
(days/work) _____

Phone Number _____
(home/cell) H C _____

E-mail address: _____

Sports you coach: X-Country _____ Indoor Track _____ Spring Track
(Please check all that _____ boys _____ girls _____
apply)

*** Social Security #** _____

*** Date Of Birth** ____/____/____

*** These fields must be filled in - National Federation Liability Ins. Requirement.**

**Please mail this form along with a \$30.00 membership fee, payable to M.S.T.C.A.,
and put attention to our membership coordinator:**

**Charlie Butterfield
PO Box 204
Rutland, MA 01543**